

# 2024-25 EGUTEGIA: GIMNASIA 60

Calendario 2024-25 : GIMNASIA 60

		Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	
2024	URR					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
	AZA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							
	ABE				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
2025	URT						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
	OTS			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28								
	MAR			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
	API						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
	MAI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
EKA				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
		Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	

 GIMNASIA 60

# 2024-25 EGUTEGIA: HELDUENTZAKO IGERIKETA

Calendario 2024-25: NATACIÓN PARA PERSONAS ADULTAS

		Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti
2024	URR					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
	AZA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
	ABE				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
2025	URT						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	OTS			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28							
	MAR			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
	API						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
	MAI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
	EKA				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				
		Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti

 IGERIKETA

# 2024-25 EGUTEGIA: MULTIAKTIBITEA

Calendario 2024-25 : MULTIACTIVIDAD

		Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	
2024	URR					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
	AZA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							
	ABE				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
2025	URT						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
	OTS			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28								
	MAR			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
	API						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
	MAI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
	EKA				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					

MULTIAKTIBITEA

ZIKLO BIRTUALA

# 2024-25 EGUTEGIA: HELDUENTZAKO PADELA

Calendario 2024-25 : PADEL PARA PERSONAS ADULTAS

	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti
2024	URR					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	AZA		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					
	ABE				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
2025	URT						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	OTS			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28						
	MAR			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
	API						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	MAI	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
EKA				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				
	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti

<span style="background-color: #00FF00; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> ASTELEHENA	<span style="background-color: #FF00FF; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> ASTEAZKENA	<span style="background-color: #00BFFF; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> OSTIRALA
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# 1. HIRUHILABETEA: GORPUTZA OREKAN TAILERRA

## 1. TRIMESTRE: TALLER DE CUERPO EN EQUILIBRIO


		Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti
2024	URR					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	AZA	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
	ABE			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
		Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	

 ASTEARTEA

# 1. HIRUHILABETEA: ZORU PELBIKOKO TAILERRA

## 1. TRIMESTRE: TALLER DE SUELO PÉLVICO

		Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti
2024	URR					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	AZA	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
	ABE			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
		Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti	Lar	Igan	Astl	Astr	Astk	Oste	Osti

 OSTEGUNA